

Recovery Support Specialist

Certificate (C041)

Required Courses

Required Discipline Courses

| | | |
|-----------|--|------|
| HSER 1100 | Intro to Social Work & Human Services..... | 3 cr |
| HSER 1104 | Supportive Interventions..... | 4 cr |
| HSER 1110 | Human Service Skills | 3 cr |
| HSER 2100 | Introduction to Case Management | 4 cr |
| HSER 2102 | Crisis Assessment & Intervention | 3 cr |
| HSER 2106 | Mental Health & Trauma Informed Care..... | 3 cr |

GRADUATION REQUIREMENT - 20 CREDITS

Description

The Recovery Support Specialist Certificate prepares students for entry-level positions supporting individuals recovering from substance use and mental health challenges. Students will learn core concepts, skills, and techniques for providing trauma-informed care and recovery support, which includes industry specific certification opportunities embedded within the program. Graduates will have developed the competence, compassion, and confidence to support individuals in recovery.

Outcomes

By completing this program, students will achieve the following learning outcomes:

- Effectively utilize a sequence of recovery support skills;
- Demonstrate strength-based interventions in client engagement;
- Demonstrate interventions with a focus on client empowerment and advocacy applied through a skills approach;
- Demonstrate skills to help, empower, and advocate;
- Demonstrate understanding of ethics and boundaries in the helping relationship; and
- Demonstrate skills of self-regulation, social awareness and co-regulation, and teamwork.

Graduation Requirements

In addition to the program requirements, students must meet the following conditions in order to graduate:

- College Cumulative GPA Requirement: cumulative grade point average (GPA) of credits attempted and completed at CLC must be at least 2.0;
- College Technical Core GPA Requirement: cumulative GPA of credits attempted and completed towards the technical core of the diploma or degree must be at least 2.0;
- Residency Requirement: students must complete 25% of their credits at Central Lakes College.

Career & Transfer

Graduates will be prepared for careers that work alongside and assist professionals in community and social welfare agencies, mental health and social service agencies, community organizations, and habilitation and rehabilitation agencies.

Graduates may work in positions such as:

- Mental Health Behavior Aide
- Personal Home Care Aide
- Group Home Worker
- Direct Support Professionals
- Community Health Worker
- Advocate

Academic Plan

Semester One (14 credits)

HSER 1100 Intro to Social Work & Human Services 3 cr
HSER 1104 Supportive Interventions..... 4 cr
HSER 2100 Introduction to Case Management 4 cr
HSER 2102 Crisis Assessment & Intervention..... 3 cr

Semester Two (6 credits)

HSER 1110 Human Service Skills..... 3 cr
HSER 2106 Mental Health & Trauma Informed Care 3 cr