

# Human Services Technician

Diploma (D041)

## Required Courses

### Required Courses (34 credits)

HSER 1100	Intro to Social Work & Human Services....	3 cr
HSER 1104	Supportive Interventions.....	4 cr
HSER 1110	Human Service Skills .....	3 cr
HSER 1112	Multicultural Dimensions of Human Services .....	3 cr
HSER 1116	Ethics and Professionalism .....	3 cr
HSER 2100	Introduction to Case Management .....	4 cr
HSER 2102	Crisis Assessment & Intervention .....	3 cr
HSER 2104	Field Preparation & Assessment.....	1 cr
HSER 2106	Mental Health & Trauma Informed Care..	3 cr
HSER 2110	Group Skills & Community Building.....	3 cr
HSER 2112*	Field Seminar .....	1 cr
HSER 2150*	Field Experience.....	3 cr

\*Denotes Prerequisites

### GRADUATION REQUIREMENT – 34 CREDITS

## Description

The Human Services Technician diploma is designed for students seeking entry-level positions in the human services field. The student will develop an understanding of core concepts, skills, principles, and techniques for providing culturally aware and competent care to individuals, families, and the community. Graduates will have valuable certification opportunities included within their coursework and will develop both the competence and confidence to be effective in their roles. Students working in the human services or social work field are often required to complete and pass and Minnesota Department of Human Services background study. Passing the background study is not required to complete this program, but may be required for some field experience placements and/or jobs in the field.

## Outcomes

By completing this program, students will achieve the following learning outcomes:

- Identify and apply skills and attitudes that demonstrate cultural competence and cultural humility;
- Effectively utilize a sequence of human services skills and processes;
- Demonstrate interventions with a focus on client empowerment and advocacy applied through a skills approach;
- Demonstrate skills to help, empower, and advocate;
- Structure and facilitate effective group sessions/interactions;
- Recognize the contextual relationships within which individuals and organizations function; and
- Demonstrate skills of self-regulation, social awareness and co-regulation, and teamwork.

## Graduation Requirements

In addition to the program requirements, students must meet the following conditions in order to graduate:

- College Cumulative GPA Requirement: cumulative grade point average (GPA) of credits attempted and completed at CLC must be at least 2.0.
- College Technical Core GPA Requirement: cumulative GPA of credits attempted and completed towards the technical core of the diploma or degree must be at least 2.0.
- Residency Requirement: students must complete 25% of their credits at Central Lakes College.

## Career & Transfer

Graduates will be prepared for careers that work alongside and assist professionals in community and social welfare agencies, mental health and social service agencies, community organizations, habilitation and rehabilitation agencies, day care centers and nursery schools, elementary and secondary schools, and geriatric services.

Graduates may work in positions such as:

- Caseworker
- Geriatric Service Worker
- Youth Organizer, Domestic or Sexual Abuse Advocate
- Family Support Worker
- Events Volunteer Specialist
- Social Services Assistant
- Supervised Safe Exchange Worker
- Mental Health Behavior Aide
- Personal Home Care Aide

## Academic Plan

***This is a sample full-time student pathway.***

### **Semester One (15 credits)**

HSER 1100	Intro to Social Work & Human Services..	3 cr
HSER 1104	Supportive Interventions .....	4 cr
HSER 1116	Ethics and Professionalism .....	3 cr
HSER 2100	Introduction to Case Management .....	4 cr
HSER 2104	Field Preparation & Assessment.....	1 cr

### **Semester Two (19 credits)**

HSER 1110	Human Service Skills .....	3 cr
HSER 1112	Multicultural Dimensions of Human Services .....	3 cr
HSER 2102	Crisis Assessment & Intervention .....	3 cr
HSER 2106	Mental Health & Trauma Informed Care	3 cr
HSER 2110	Group Skills & Community Building.....	3 cr
HSER 2112*	Field Seminar .....	1 cr
HSER 2150*	Field Experience.....	3 cr

***This is a sample part-time student pathway.***

### **Semester One (11 credits)**

HSER 1100	Intro to Social Work & Human Services..	3 cr
HSER 1104	Supportive Interventions .....	4 cr
HSER 2100	Introduction to Case Management .....	4 cr

### **Semester Two (9 credits)**

HSER 1110	Human Service Skills .....	3 cr
HSER 1112	Multicultural Dimensions of Human Services .....	3 cr
HSER 2110	Group Skills & Community Building.....	3 cr

### **Semester Three (4 credits)**

HSER 1116	Ethics and Professionalism .....	3 cr
HSER 2104	Field Preparation & Assessment.....	1 cr

### **Semester Four (10 credits)**

HSER 2102	Crisis Assessment & Intervention .....	3 cr
HSER 2106	Mental Health & Trauma Informed Care	3 cr
HSER 2112*	Field Seminar .....	1 cr
HSER 2150*	Field Experience.....	3 cr