

**Program Description**

The Human Services program prepares graduates to assist professionals in all kinds of positions where people help people. These include community and social welfare agencies, mental health and social service agencies, community organizations, habilitation and rehabilitation agencies, day care centers and nursery schools, elementary and secondary schools, and geriatric services. The program prepares graduates to provide culturally aware and competent care to clients. Prospective students should be aware that a Minnesota Human Services background study with no restrictions will be required for internships and employment.

**Program Outcomes**

By completing this program, students will achieve the following learning outcomes:

- Identify and apply skills and attitudes that demonstrate cultural competence;
- Effectively utilize a sequence of human services skills and processes;
- Demonstrate interventions with a focus on client empowerment and advocacy applied through a skills approach;
- Demonstrate skills to help, empower, and advocate;
- Structure and facilitate effective group sessions/interactions;
- Recognize the contextual relationships within which individuals and organizations function; and
- Demonstrate skills of social awareness and regulation, personal self-management, and teamwork.

**Admissions Requirements**

A Minnesota Human Services background study with no restrictions will be required for the internship course and employment.

**Program Course Requirements**

**Technical Courses (38 credits)**

HSER 1102	Introduction to Human Services, Social Work, and Career Assessments.....	4 cr
HSER 1104	Supportive Interventions.....	4 cr
HSER 1110	Fundamentals of Engagement and Interviewing Skills.....	3 cr
HSER 1112	Multicultural Dimensions of Human Services .....	3 cr
HSER 1114	Understanding and Promoting Systems Change.....	3 cr
HSER 1116	Ethics and Professionalism .....	3 cr
HSER 2100	Introduction to Case Management .....	3 cr
HSER 2102	Crisis Intervention and Trauma Informed Care .....	3 cr
HSER 2104	Internship Assessment and Preparation ..	1 cr
HSER 2106	Human Services and Mental Health .....	3 cr
HSER 2110	Group Dynamics and Skills .....	3 cr
HSER 2112	Internship Seminar .....	1 cr
HSER 2155	Internship .....	4 cr

**MN Transfer Curriculum Courses (19 credits)**

COMM 1420	Interpersonal Communication <b>OR</b>	
COMM 1422*	Honors Interpersonal Comm (Goal 1) .....	3 cr
COMM 2420	Intercultural Communication <b>OR</b>	
COMM 2422*	Honors Intercultural Comm (Goals 1,7) ...	3 cr
ENGL 1422	Practical Writing (Goals 1,2).....	3 cr
PSYC 2421	General Psychology <b>OR</b>	
PSYC 2423*	Honors General Psychology (Goals 2,5) ...	4 cr
SOCL 1401	Introduction to Sociology (Goals 2,5) <b>OR</b>	
SOCL 1403*	Honors Intro to Sociology (Goals 5,8).....	3 cr
SOCL 2481	Race, Ethnicity, Oppression (Goals 5,7)....	3 cr

**Additional Required Courses (3 credits)**

HLTH 1507	Drug Awareness .....	3 cr
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**GRADUATION REQUIREMENT - 60 CREDITS**

*\*Denotes Prerequisites*

**Course Prerequisites**

Some courses may require appropriate test scores or completion of basic math, basic English and/or reading courses with a "C" or better. CLC utilizes a multiple measure approach for placement which may include high school MCA, SAT, ACT scores in addition to high school GPAs. For insurance purposes, internships require that students be 18 years old.

## Semester Course Requirements

### First Year – Fall Semester (14 credits)

ENGL 1422	Practical Writing (Goals 1,2) .....	3 cr
HSER 1102	Introduction to Human Services, Social Work, and Career Assessments .....	4 cr
HSER 1104	Supportive Interventions .....	4 cr
HSER 2100	Introduction to Case Management.....	3 cr

### First Year – Spring Semester (16 credits)

HSER 1110	Fundamentals of Engagement and Interviewing Skills .....	3 cr
HSER 1112	Multicultural Dimensions of Human Services.....	3 cr
HSER 1114	Understanding and Promoting Systems Change .....	3 cr
PSYC 2421	General Psychology <b>OR</b>	
PSYC 2423*	Honors General Psychology (Goals 2,5) ..	4 cr
SOCL 1401	Introduction to Sociology (Goals 2,5) <b>OR</b>	
SOCL 1403*	Honors Intro to Sociology (Goals 5,8) .....	3 cr

### Second Year – Fall Semester (16 credits)

COMM 1420	Interpersonal Communication <b>OR</b>	
COMM 1422*	Honors Interpersonal Comm (Goal 1) .....	3 cr
HLTH 1507	Drug Awareness .....	3 cr
HSER 2102	Crisis Intervention and Trauma Informed Care .....	3 cr
HSER 2104	Internship Assessment and Preparation .	1 cr
HSER 111	Ethics and Professionalism.....	3 cr
HSER 2106	Human Services and Mental Health.....	3 cr

### Second Year – Spring Semester (14 credits)

COMM 2420	Intercultural Communication <b>OR</b>	
COMM 2420*	Honors Intercultural Comm (Goals 1,7) ..	3 cr
HSER 2110	Group Dynamics and Skills .....	3 cr
HSER 2112	Internship Seminar.....	1 cr
HSER 2155	Internship.....	4 cr
SOCL 2481	Race, Ethnicity, Oppression (Goals 5,7) ..	3 cr

## Career Opportunities

Graduates will be prepared for careers in the community and social welfare agencies, mental health and social service agencies, community organizations, habilitation and rehabilitation agencies, day care centers and nursery schools, elementary and secondary schools, and geriatric services. Graduates may work in positions such as: Caseworker, Geriatric Service Worker, Youth Organizer, Community Coordinator, Domestic or Sexual Abuse Advocate, Family Support Worker, Events Volunteer Specialist, Vocational Rehabilitation Specialist, Hospital Patient Advocate, Education and Outreach Specialist, Social Services Assistant, Supervised Safe Exchange Worker, Mental Health Behavior Aide, Personal Home Care Aide.

## Graduation Requirements

In addition to the program requirements, students must meet the following conditions in order to graduate:

1. College Cumulative GPA Requirement: cumulative grade point average (GPA) of credits attempted and completed at CLC must be at least 2.0;
2. College Technical Core GPA Requirement: cumulative GPA of credits attempted and completed towards the technical core of the diploma or degree must be at least 2.0;
3. Residency Requirement: students must complete 25% of their credits at Central Lakes College.

CLC is committed to legal affirmative action, equal opportunity, access and diversity of its campus community. This document is available in alternative formats. Consumers with hearing or speech disabilities may contact us via their preferred Telecommunication Relay Service.

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