Associate Degree Nursing Program Frequently Asked Questions

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1. How does a 2 year Associate Degree (AD) Registered Nurse (RN) differ from a 4 year Bachelor of Science (BSN) Nursing degree RN in terms of jobs and duties?
   a. Both the 2 year and the 4 year degree nursing graduates take the same NCLEX-RN board examination to become RN’s and can take an entry level nursing job in a variety of settings (acute care, long term care, etc.). The RN with a BSN has greater opportunities for working in leadership or management positions. Generally, the more advanced the degree the RN has, the greater the opportunities for professional positions involving nursing education, research, or specialty areas such as public health, school nursing etc.

2. Are there advantages to the AD Nursing degree if the final goal is to obtain a 4 year degree as an RN?
   a. There are many advantages to starting at CLC towards a goal of obtaining a Bachelor’s degree in Nursing as an RN! Central Lakes College offers a “ladder” start at each of our campuses (Brainerd and Staples) that can then be fully transferred to any four-year Nursing program in the MnSCU system including:
      • Bemidji State University
      • Metropolitan State University
      • Minnesota State University, Mankato
      • Minnesota State University, Moorhead
      • St. Cloud State University
      • Southwest Minnesota State University
      • Winona State University

      The College of Saint Scholastica also accepts CLC AD Nursing graduates for completion of their bachelor’s degree in nursing as an RN.

   b. Advantages to ladderling a nursing career towards a four-year degree
      i. If you live in or near the Brainerd or Staples area, you can continue with your current living arrangements and in this way save money and not need to move
      ii. You can continue to work in your current job, although you may want to consider cutting down on the number of hours you work to help ensure that you are successful

   c. What is meant by a “ladder” start?
      i. Students begin by completing the Practical Nursing (PN) Program at CLC then apply for acceptance for the AD Mobility Nursing Program, once accepted and completed, students can continue on towards a four-year degree as above.
      ii. Both the PN and AD nursing programs are two semester programs once all prerequisites are met. Students can complete PN prerequisites in one semester and AD prerequisites in two semesters; however students do have the option of completing prerequisites for each program more slowly.
3. What programs are offered for Nursing? When do they start and on what campuses?
   a. The Associate Degree (Mobility) Nursing Program at Central Lakes College is offered each fall at each campus (Brainerd and Staples campus). The program is a 9 month program, with dosage calculation (NURS 2522) taken as a part of the pre-requisite.
   b. If you have questions about the Practical Nursing Program at CLC, please see: https://catalognavigator.clcmn.edu/Catalog/ViewCatalog.aspx?pageid=viewcatalog&top icgroupid=1075&entitytype=CDD&entityid=723&loaduseredits=False

4. After completion of the Associate Degree (AD) Nursing Program am I ready to work as an RN? If not, what do I have left to do?
   a. After completion of the AD Nursing Program, the graduate student nurse must take and pass the NCLEX-RN exam and be issued a license from the Minnesota Board of Nursing to practice as an RN in the state of Minnesota.

5. When is the Associate Degree (AD) Nursing Program orientation held? Is it mandatory? How do I find out about it?
   a. Mandatory AD Nursing Program orientation is held each June, when you are accepted to the AD nursing program you will receive a letter from the admissions department which will include the date/time and other necessary information for beginning your program of study.

6. Do I need to take any courses prior to admission to the Associate Degree (AD) nursing program? If so, what are they?
   a. Yes you do need to take some prerequisites to meet the admission criteria for acceptance into the AD Nursing Program. All science prerequisites (*) must be completed prior to admission and it is highly recommended that you have all your liberal arts classes completed to give you a broader base of knowledge for your nursing courses and allows you to focus solely on your nursing courses.
   b. The prerequisite courses for the AD Nursing Program are:
      - BIOL 2467* Anatomy & Physiology I (4cr.)
      - BIOL 2468* Anatomy & Physiology II (4cr.)
      - BIOL 2457* Microbiology (4cr.)
      - CHEM 1407* Life Science Chemistry (4cr.)
      - ENGL 1411 Composition II (4cr.)
      - NURS 2522 Medication Administration Concepts (1 cr.)
      - PHIL 2420 Ethics (3cr.)
      - PSYC 2421 General Psychology I (4cr.)
      - PSYC 2431 Human Development (3cr.)

7. What does the term “mobility” mean in terms of the Associate Degree (AD) Nursing Program?
   a. The term “mobility” means you must already have an LPN license in the state of Minnesota for entrance into this type of program. A mobility program takes less time than a generic AD non-mobility program.

8. Does the Associate Degree (AD) Nursing Program have a spring term start option?
   a. There is not a spring term start option for the AD Nursing Program at Central Lakes College.
9. Does the Associate Degree (AD) Nursing Program have a part time program option?
   a. There is not a part time program option at Central Lakes College for the AD Nursing Program.

10. Where can I find the Associate Degree (AD) Nursing Program planning form and the AD Nursing Program Handbook?
    a. This is found via a link at this web page:
       https://catalognavigator.clcmn.edu/Catalog/ViewCatalog.aspx?pageid=viewcatalog&top
       icsgroupid=1075&entitytype=CDD&entityid=779&loaduseredits=False

11. Can I take any of the Associate Degree (AD) Nursing Program courses before being accepted to the AD Nursing Program?
    a. The prerequisites to the Associate Degree Nursing Program are listed in #5 above. There is one NURS course taken prior to acceptance into the AD Nursing Program (NURS 2522); this is offered every semester.

12. Are there any additional fees associated with the Associate Degree (AD) Nursing Program?
    a. There are several fees that are included in the nursing courses as part of a differential tuition including:
       i. Liability insurance
       ii. Criminal background check
       iii. Lab equipment and supplies
       iv. Assessment Technologies Incorporated (ATI) Assessment test
       v. ATI NCLEX-RN review course

13. Are there any special requirements associated with the Associate Degree (AD) Nursing Program?
    a. There are several special requirements associated with the AD Nursing Program:
       i. By August, prospective AD nursing students must supply information for validation of an unrestricted LPN license in the state of Minnesota.
       ii. Students must supply a copy of a current CPR card (see AD Nursing Handbook).
       iii. Students entering the AD Nursing Program must pass a criminal background study (see AD Nursing handbook, found at web link in #10).
       iv. Students entering the AD Nursing Program must complete a Pre-Clinical Health Record Form which includes an immunization record and a signature from the student’s health care provider, (see AD Handbook).
       v. Students must supply a copy of their Mantoux test(s) and results.
       vi. There is a dress code for nursing lab and clinical (see AD Nursing handbook).
       vii. There are many policies associated with the AD Nursing program including a clinical absence policy, confidentiality, a drug testing policy and more (see AD Nursing Handbook).

14. If I am an Associate Degree Nursing student at one campus, will I be able to take all of my required course work at that campus?
    a. Yes, all the NURS classroom courses will all be available at the campus you have been accepted to. One exception to this is NURS 2522 Medication Administration Concepts, which is offered at the Brainerd campus each semester which is delivered mostly online.
with the final taken in person at the Brainerd campus. Students will complete the entire year of education at the campus and cohort they begin with.

15. Where are the Associate Degree (AD) Nursing Program clinical sites?
   a. There are many clinical sites that an AD nursing student may be assigned to including clinics, long term care, home care etc. but the three main hospital sites are:
      i. Lakewood Health System in Staples
      ii. St. Gabriel’s Hospital in Little Falls
      iii. Essentia Health System: St. Joseph’s Medical Center in Brainerd

16. How is Associate Degree (AD) Nursing students assigned to the sites?
   a. AD Nursing students register for their clinical sites by registering for NURS 2513 Practicum I in the fall and NURS 2514 Practicum II in the spring.
   b. Whichever section number the AD Nursing student selects in the fall, they will need to select the same section number in the spring in order to complete all program and Minnesota Board of Nursing requirements. Each section rotates through at least two clinical sites and three nursing instructors over the course of the program. In the case of attrition, if there is a need to decrease the number of sections, nursing students may be re-assigned to a new section.
   c. NURS 2513 and 2514 section information is presented at the mandatory orientation session in June. Registration for Practicum is restricted until after this session.

17. Is the Associate Degree (AD) Nursing Program offered online, evenings or weekends?
   a. No, the AD Nursing Program is not offered online, evenings or weekends.
   b. Most AD clinical (practicum) sections have a combination of day and evening shifts which are usually scheduled for Wednesdays and Thursdays, but may be on the occasional Friday.

18. What convictions will disqualify me from becoming getting my nursing license in Minnesota?
   a. To answer this question the prospective nursing student will need to contact the Minnesota Department of Human Services, Licensing Division @ 444 Lafayette Blvd., St. Paul, MN 55155-3842; phone: (651)296-3971; web address: www.dhs.state.mn.us.

19. What are the approximate total costs of the Associate Degree (AD) Nursing Program including tuition/fees, books, supplies, uniforms, etc.?
   a. Total approximate costs changes every year related to tuition costs, book costs, number of credits taken, etc.
   b. Generally two uniforms tops and pants, one pair of white shoes and one lab coat will meet the uniform requirements and should run about $100-$150. A uniform purchasing system is available in the CLC Bookstores and financial aid may be used for purchasing these items.
   c. Books are generally most expensive for the first semester (many books are used again in subsequent NURS courses), first semester books may be $1000-$1200. Second semester students typically only need to purchase one more book and a study guide, approximately $100.
   d. Equipment necessary includes a watch with a second hand, a stethoscope and bandage scissors. Total costs for these vary a great deal. These items are available for purchase
in the CLC Bookstore and financial aid may be used for purchasing them. The Nursing Club usually offers a stethoscope purchase in the fall allowing students to purchase a quality stethoscope with choices of price range.

e. In preparation for taking the NCLEX-RN, a predictive assessment examination is required as part of NURS 2502 course completion and will be administered during the last half of spring semester. This exam will identify areas of weakness that need remediation prior to taking the licensure examination. The cost for this test is included in tuition differential.

f. In preparation for taking the NCLEX-RN, a comprehensive live NCLEX-RN review is required as part of NUR 2502 and will be schedule during spring finals week. The cost for this review is included in tuition differential.

20. How do nursing licenses transfer between states?

a. Licensed nursing (or nursing student seeking to become licensed in any state) must contact each state’s Board of Nursing to determine this.

21. What are the top things current or former students report they needed to know before entering the Associate Degree (AD) Nursing Program?

a. “This is a difficult question to answer because there are probably 100 things I could have told you in September, but now I am used to the program. Perhaps that is something that can be mentioned. That the schedule is rigorous and at times confusing, but that things will make sense as the semester progresses.”, shared by AD nursing student Kelly

b. “I think that the change in thinking from LPN to RN should be emphasized even more. I did not know what exactly was expected at the RN level at the first day of clinical, so I did what I knew, and that was act like an LPN. I think I would have benefited from more practical connections between the Nursing Practice Act and clinical during LPN to RN Role Transition class (e.g. so if you are at clinical changing a dressing, what would you do as an RN that you wouldn’t do as an LPN? If you are doing a head-to-toe, what is different about it as an RN from an LPN?)” shared by AD nursing student Kelly

c. “As a current student in the AD Nursing Program, I feel that number one important thing to know, is that EVERY STUDENT is at their own personal level (experience, competence, knowledge, skills, etc.) as an LPN... and that’s OK! I think that many, many students felt (and still feel) that they are “behind” when in fact, that exact thinking is what is holding them back from learning their RN role. It should be known and expected that everyone is at a different level. It should be something that each student should embrace this fact (rather than hide it), in order to find their own strengths and weaknesses.”, shared by AD nursing student Emily

d. “Another important thing to know before entering the program is that it is ALWAYS a good idea to ASK questions and to ask for help (i.e. in clinical, especially), and to not feel like it is stupid or an inconvenience. It is safer for the patients and for the nurses. Communication and working together is a key part of the nursing field, and even more so as a nursing student.”, shared by AD nursing student Emily
e. “A final important thing is to find a balance. A balance between school, work, home, and/or whatever else is going on in your life. Laura gave a fantastic lecture in the beginning of the year about “balance” and how we each need to figure out what is most important to us, because there are definite chances that something’s gonna’ give... especially if we try to continue doing exactly what we were doing before we entered the AD Nursing Program. Get ready to give up something(s) -and yes, this is not something that anyone wants to do; however, it is only temporary- in order to survive the program.”, shared by AD nursing student Emily

22. What information would current Associate Degree (AD) Nursing students like to share with incoming students?
   a. “This program is HARD! Our instructors are top notch and they will not just let you breeze through on anything. That said, it can be done. Don’t freak out it a test or two doesn’t go well. You will live. (I think)! “, contributed by AD nursing student Kelly
   b. “Flash cards of concepts, bodily processes and vocab are very helpful. And when the instructors say, ‘Buy an NCLEX book to study,’ listen to them!!”, contributed by AD nursing student Kelly
   c. “My best advice to any future AD Nursing students would be to ATTEND EVERY LECTURE and to STUDY! Find what works for you as an individual, and do it. Whether that is group studying, reading the books front-to-back, or old school flashcard making... Figure it out in the beginning of the program, and do it every day that you possibly can.”, contributed by AD nursing student Emily
   d. “I also recommend going to the instructors as soon as possible with any concerns, questions, problems, ideas, etc.”; the instructors “have been phenomenal to have as instructors, and are always willing to take the time to sit down and talk it out. Do not wait until last minute. Get to know your instructors so your instructors can get to know you! It is one of the best ways to be the best AD Nursing student that you can be... and eventually to become the best RN that you can be. “, contributed by AD nursing student Emily
   e. “Finally, get ready to work hard. It is a busy program, with each and every part being equally important. Get ready for exams every week. It is a very quick-paced program, with a lot of self-learning, along with being taught in class. Get organized early in the semester. Get a planner. Write everything out on it; school, work, home, fun, etc. It sounds silly, but it has helped tremendously.”, contributed by AD nursing student Emily